

Get to know Madrid

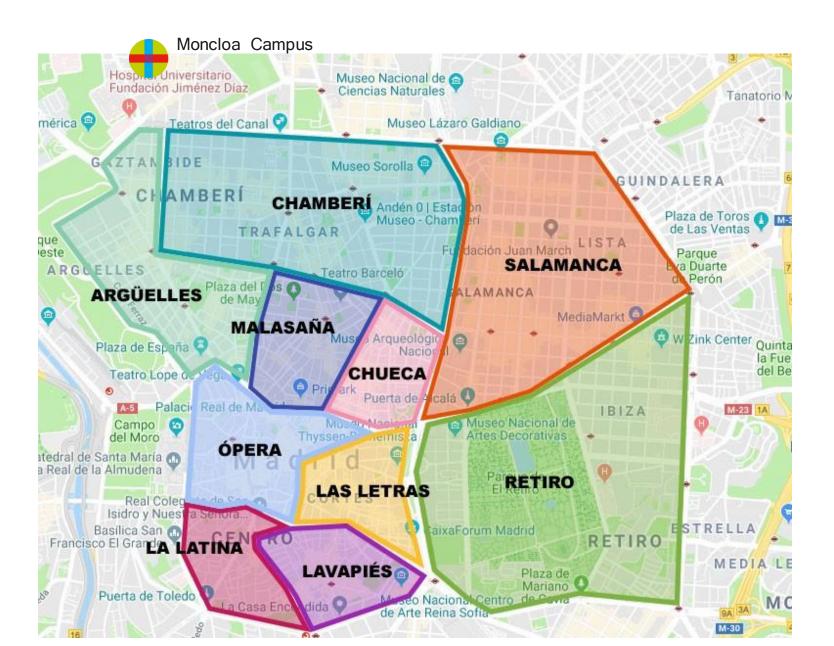
One step closer to the University





Neighborhoods of Madrid







Transport



Getting around by subway and bus



Apply for a transport card



People who still do not have the Public Transport Card can apply for it through the <u>internet</u> (they will receive it at home within 7 to 15 working days after ordering it). Internet (they will receive it at home between 7 and 15 working days after requesting it), in person at the Public Transport Card in person at the Public Transport Card Management Offices (by making an <u>appointment online</u> or by calling 012). The cost of issuing the card is $\mathbf{\xi}4$.

You can get the **abono joven** for 20€ per month (subject to changes in legislation), with which you can travel from zone A to E2, that is, the entire Community of Madrid. The pass can be recharged directly at the automatic machines of the Metro network or through the mobile App.

- Download for Android
- Download for Apple

This card is ideal to move all over the Community by metro, buses, Cercanías Renfe!







How to get to the Monteprincipe Campus?



Free university buses

The University offers a free bus service to the Montepríncipe Campus for CEU San Pablo University students.

For more information about schedules, click here.



For public transport



Metro from Colonia Jardín stop



Metro until the Montepríncipe stop



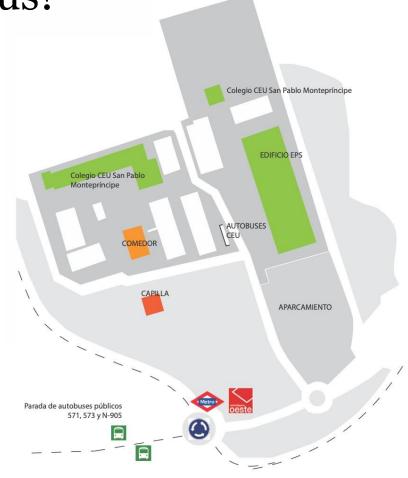
Bus from Moncloa



Bus from Aluche



By car: Large parking area





How to get to Campus Moncloa?



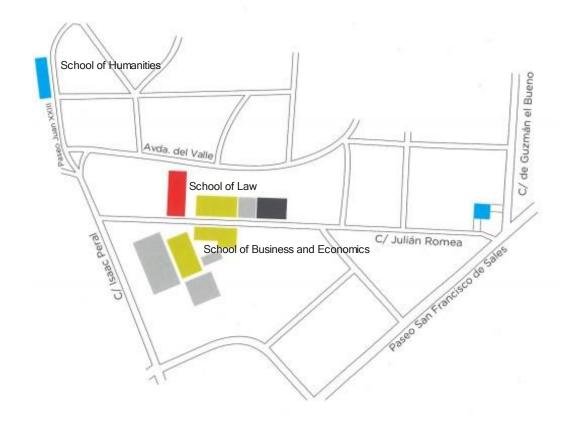
By bus

C1 Circular, C2 Circular, 1, 2, 12, 44, 202

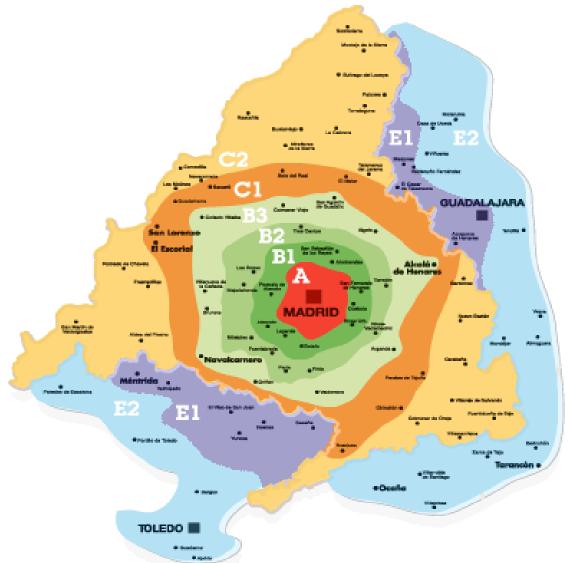


By metro

- 6 Metro to Guzmán el Bueno stop
- Metro to Guzmán el Bueno / Islas Filipinas stop







The 30-day abono joven allows you to move freely in all these zones, and you can also travel to the Community of Castilla-La-Mancha with the E1 and E2 zones.

You can consult in detail the itineraries of the fare zones through the following link:

https://www.crtm.es/billetes-y-tarifas/zonas-tarifarias.aspx

If you do not wish to buy the season ticket, you can also load valid transport tickets on your Public Transport Card which you can obtain directly using one of the automatic machines of the Metro network.

The price to load 10 tickets is 12,20€.



Getting around by bicycle



BiciMAD

Enjoy the city in a healthy and environmentally friendly way. The bicycle allows you to see the city at your own pace while exercising and enjoying the outdoors!

If you want to cycle daily, you can purchase an annual pass through the bicimad app, associating a means of payment to the MPass single account system; in addition, the annual pass can also be purchased by directly associating the public transport card to MPass.

Once the annual pass has been purchased, the user receives an email or mobile message indicating a subscriber code.

Occasional use of the service is contracted through the app.

The annual subscription card is personal and non-transferable, and cannot be transferred to a third party.

You have several bike stations throughout Madrid!

- Download for Android
- Download for Apple





Getting around by train





Traveling with Renfe

Renfe is the leading railway operator in Spain.

If you wish to travel around Spain during your stay in Madrid, we recommend that you buy one of the Renfe student passes:

• The Renfe + Young Card allows you to benefit from significant discounts when buying your tickets to travel on AVE, Larga Distancia, Avant, Media Distancia and Cercanías/Rodalies trains.

For more info, click here

 The Plus 10 Student Card allows you to benefit from discounts of 10 round trips.

For more info, click here







What to visit less than 2 hours by train from Madrid?





Medical Assistance and Multi-Assistance Insurance



Health care for students from the European Union



Tarjeta Sanitaria Europea (TSE)

This is a free card that provides access to medically necessary public health care during a temporary stay in any of the 27 EU Member States, plus Iceland, Liechtenstein, Norway and Switzerland, under the same conditions and at the same cost (care is free in some countries) as persons insured in that country. The benefits covered include, for example, those provided in connection with chronic or existing illnesses, as well as those related to pregnancy and childbirth.

The cards are issued by the social security offices in your country.

The TSE card:

- It is not an alternative to travel insurance. It does not cover private health care or costs such as the return flight to your home country or the loss or theft of your belongings.
- It does not cover your expenses if you are traveling for the express purpose of receiving medical treatment.
- Does not guarantee free medical services.



Private or multi-assistance insurance for students from non-European Union countries



Taking out a private health insurance

If you are a resident of a non-EU country, you will need to take out private health insurance in order to obtain your student visa.

Perhaps your country has a health agreement with Spain: in this case you will have access to health care as any Spanish citizen, although it only covers emergency expenses and you would benefit from basic health care. health care as any Spanish citizen, although it only covers emergency expenses and you would benefit from basic health care.



We recommend some private insurances:

- Seguro Caixa Adeslas (36€ al mes)
- Seguro Sanitas (25,15€ al mes)

You can also ask your insurance company if you already have international coverage.





Housing



Search for accommodation in Madrid

We offer guidance on the different types of housing, neighborhoods, prices, search engines, accommodation companies, etc., so that you can manage your stay more easily.

Before comparing the different options, you may find it useful to know what is the average price of accommodation in Madrid:

- Apartment (one room) from 600 to 1200 €/month
- Shared apartment from 350 to 600 €/month
- Residence or college from 800 to 1300 €/month





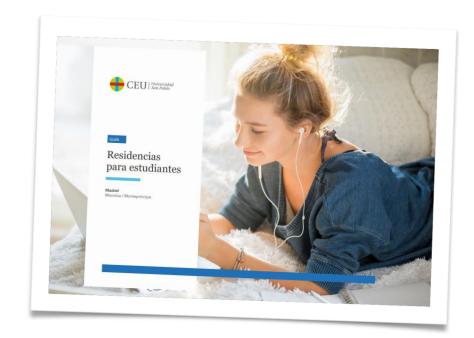
Find a room in a Residence Hall or Hall of Residence



Residencia

You can get a room in a university residence: it acts like a real mini-flat, with its own kitchen and bathroom. You will have more independence and autonomy! You will meet students from other universities in a plural and open environment! from other universities in a plural and open atmosphere!

You can consult the brochure of student residences through the $\underline{\text{following link}}$



Rental portals that we recommend



















Discounts



Community of Madrid Youth Card

The Youth Card offers you multiple discounts and services in the Community of Madrid as well as in other autonomous communities and in more than 37 European countries.

You can apply for it if you are between 14 and 30 years old and live in the Community of Madrid.

You can apply for the card through the following link

Or by going to the nearest office:

- <u>Madrid-Moncloa Aravaca Fuencarral El Pardo</u>
- Madrid La Latina Centro Carabanchel
- Madrid Chamartín Salamanca Tetuán Chamberí



DISCOUNTS in:

- •Transportation
- Accommodations (youth hostels)
- Cultural activities (museums, etc.)
- Training Leisure centers
- Travel Shopping Cinemas and theaters
- Bars and restaurants
- Sports activities



Useful apps



Apps for leisure in Madrid

This app helps you to see what activities there are in Madrid and to buy tickets for them

Through Glovo you can do your grocery shopping, order food delivery from a wide variety of variety of restaurants









MercaMad

Fever

TheFork

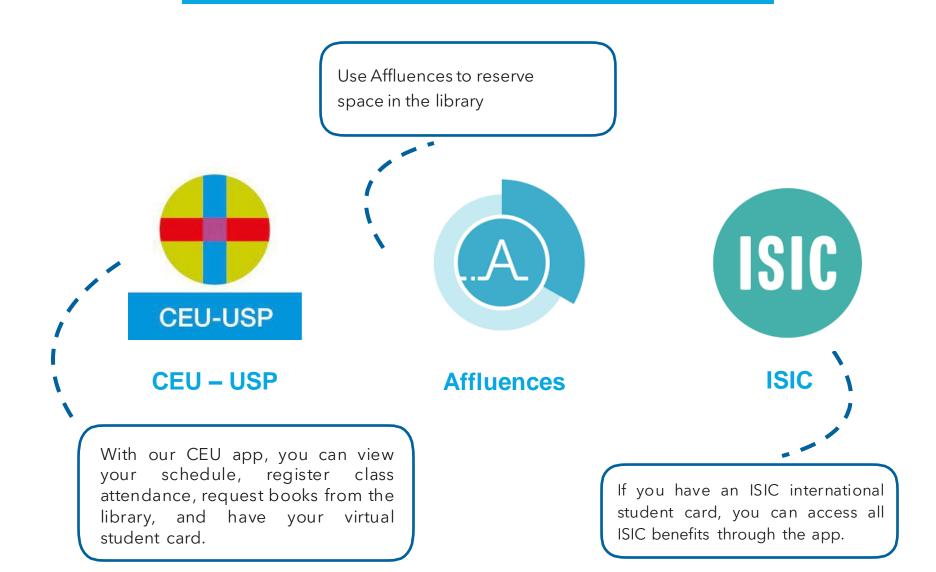
Glovo

Free guide to the markets of Madrid. you will find info about the city's municipal markets.

Find the best restaurants with thousands of reviews and enjoying discounts up to 50% off



Apps for the university



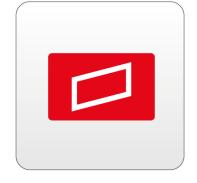
Apps para el transporte público

Through this app you can recharge your monthly pass or the trips of your transport card with your cell phone.

* NFC technology required to download







Transport card

With this app you can check the subway map, the waiting time for the subway, bus, suburban trains, etc.

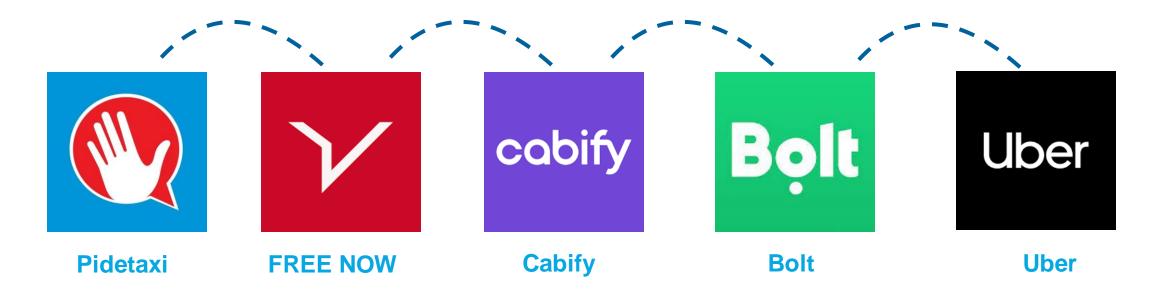


If you are going to be on the Montepríncipe campus, this app will help you to know the Metro timetables.



Taxi apps

These apps allow you to order a cab, choose the type of vehicle and method of payment.





Thank you

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